



TAKE OUT MENU

SATAY SALAD BOWL

Marinated chicken, tossed salad,
Peanuts, pineapple, crispy noodles & Satay
Tub dressing **€6.50**

CAESAR SALAD BOWL

Breaded chicken, cos lettuce, red onion, cherry
tomato, croutons, & parmesan **€5.50**

MEXICAN WRAP

Fajita chicken, cos lettuce, roast peppers, red onion
& sour cream **€4.75**

RECESSION BUSTER

Filled roll with 1meat & salad
and a small soup **€5.75**

Create your own Sandwich

Choose a bread to be filled:-

- Pitta
- Panini
- Wrap
- Multi cereal Roll
- Bap
- Ciabatta
- White French Stick
- Doorstep
- Sandwich

Dress it:

- | | |
|--------------------|------------------|
| Ballymaloe Relish | Pesto Oil |
| Wholegrain mustard | Mayonaise |
| Sweet Chilli Mayo | Caesar Dressing |
| Sweet Chilli Jam | Satay Sauce |
| Cranberry Sauce | Marie Rose Onion |
| Marmalade | Smoked Mayo |



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CORONATION PITTA

Chicken in coronation dressing, tossed salad, bacon
bits, pineapple & toasted almonds
€4.75

CHUCK CHUCK PANINI

Breaded chicken pieces, stuffing, garlic mayo &
melted cheddar **€4.75**

PERI PERI PANINI

Chicken pieces in peri peri mayo with roast
peppers, red onion and melted cheese
€4.75

Choose your fillings:

Surf, Turf & Cheese:

- | | |
|----------------------|---------------|
| Fillet of Chicken | Brie |
| Home-baked Ham | Cheddar |
| Roast Turkey | Swiss |
| Tuna Mayo | Parmesan |
| Crispy Bacon | Tikka Chicken |
| Smoked Streaky Bacon | |
| BBQ Pulled Pork | |
| Fajita Chicken | |

Dress it:

- | | |
|--------------------|------------------|
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BBQ PORK BAP

Brioche bap with BBQ pork, smoked mayo, cos
lettuce & caramelized cashew nuts
€4.75

VEGETARIAN MELT

Goat's cheese, caramelized onion, candied walnuts,
rocket & mayo on multi seed
€4.75

CORONATION PITTA

Chicken in coronation dressing, tossed salad, bacon
bits, pineapple & toasted almonds
€4.75

GOUJON BAP

Chicken goujons, smoked bacon, relish, melted
cheese & mayo
€4.75

Porridge

Healthy porridge to-go **€2.50**

BREAKFAST ROLL

Bacon, egg & sausage **€4.25**

Freshly Baked Scone

Fruit & cinnamon or plain or Pear & almond **€1.50**

Homemade Soup

Two soups are made daily see our face book page for
today's choice

Large **€2.50** Small **€1.75**

