

RESTAURANT & DELICATESSEN

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# **BREAKFAST MENU**

Available till 12 noon

BRUNCH STACK

Homemade sweet potato hash browns, breaded halloumi,

Panfried chorizo, avocado puree, sweet tomato sauce,

sunny side up eggs and wilted spinach.

And choose tea or regular filter coffee.

12.45



OPEN BRUNCH SANDWICH

Toasted homemade brown bread with hummus avocado,

grilled halloumi, poached eggs and rocket with chilli jam.

Choose tea or regular coffee.

11.35

NIAMH’S EGG BENEDICT

Toasted English muffin, grilled smoked streaky bacon,

poached eggs, hollandaise sauce and wilted spinach.

And choose tea or regular filter coffee.

9.3

ALL DAY BRUNCH

Pork sausages, bacon, egg, pudding,

potato waffles, beans & French fries.

Choose homemade brown bread or toast.

And choose tea or regular filter coffee.

9.9( No French fries deduct €1.50)

THE COMPACT BREAKFAST

Pork sausages, bacon & egg,

Choose homemade brown bread or toast.

And choose tea or regular filter coffee.

6.8

If you wish to have a mineral or fresh ground bean coffee with your breakfast

75c extra charge



RESTAURANT & DELICATESSEN

# **BREAKFAST MENU**

Available till 12 noon

THE LOW CALORIE BREAKFAST

Poached egg, lean bacon, dry fried cherry tomatoes,

homemade brown bread and low low butter.

And choose tea or regular filter coffee.

6.2

avg. 280 kcals

SCRAMBLED EGG & BACON

With toast.

And choose tea or regular filter coffee.

6.8

HEALTHY BREAKFAST SUNDAE

Sliced banana, berry compote, coconut shavings, crunchy

granola, low fat Greek yogurt and a drizzle of honey.

6.2

FLAVAHAN’S PORRIDGE

With berry compote, honey and toasted almonds.

4.7

FRENCH TOAST

Made with sweet brioche bread served with

banana, chocolate & hazelnut sauce and crème fraiche.

6.7

FRESHLY BAKED SCONE

With homemade jam & butter.

Choose from our selection

2.5

NIAMH’S BROWN BREAD

With butter and homemade jam.

2.35

We do not charge extra for refills of our

regular filter coffee or tea

*so, please just ask*