

D E L I C A T E S S EN

**NIAMH’S HEAT @ HOME DINNERS**

**Please check inside what is in stock today**

**or order on line @ www.niamhs.com**

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| **Thai Chicken Curry (GF)**A rich, not-too-spicy, authentic Thai chicken curry with coconut cream, kaffir lime leaves and fresh corriander.​**€6.50** | **Ultimate Cottage Pie (GF)**‘Gourmet Butcher’ lean ground beef, a rich jus flavoured with bay leaf topped with creamy mashed potato.**€6.50** | **Chicken and Mushroom****​Puff Pastry Pie**Fillet of chicken, sautéed mushrooms, creamy white wine sauce with a hint of fresh tarragon.**€6.50** |
| **Lasagne** Beef Ragu, fresh herbs from Niamh’s garden, creamy béchamel sauce, cheddar.**€6.00****Peanut Curry (VEGAN)**with chickepea, coconut, squash, snap peas, peppers **€6.50** | **Sweet potato Dahl (VEGAN)**with fresh spinnach, yellow split peas, spring onion and crunchy cashew nuts**€6.50****Chicken & broccoli bake** in a creamy sauce with a crunchy crust **€6.50** | **Broccoli & Feta Quiche (V)**On a flakey crust baseOr Quiche Lorraine**€4.50****(Family size Quiche €19.50)****Fish Pie** selection of salmon, smoked haddock, cod in a creamy dill sauce **€8.00** |

HOMEMADE SOUP AVAILABLE FOR HOME FREEZING

340ml       €2.65 a portion
 4  for €10