

D E L I C A T E S S E N

**SPECIALITY SANDWICHES**

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| **PERI PERI PANINI**Peri peri chicken mayonaise, roast peppers, red onion, melted cheese​**€4.95** | **TUNA BAGEL**Tuna mayo, sweetcorn, cherry tomatoes, red onion, melted cheese and rocket​**€4.95** | **KATSU CHICKEN WRAP**Chicken goujons, crunchy salad, cashew nutskatsu mayo, mango chutney**€4.95**​ |
| **CORONATION PITTA**Chicken, coronation dressing, leaves, red onionbacon bits, pineapple, toasted almonds.​**€5.50** | **VEGETARIAN MELT (V**)Melted Brie cheese, apple chutney, beetroot, walnuts, rocket, garlic mayo on multi seed bap ​​**€4.95** | **​ INDIAN FLAT BREAD**Roast tikka spiced turkey pieces, crunchy salad, apricot, turmeric & mint dressing and crushed poppadoms**€5.50**  |
| **CHUCK CHUCK PANINI**Breaded chicken pieces, stuffing, garlic mayo, melted cheddar**€4.95****ORIENTAL WRAP** Chicken, pineapple, crunchy salad, peanuts, crispy noodle, satay sauce**€4.95** | **FALAFEL WRAP (VEGAN)**Chickpea hummus, nutty dukkah, crunchy salad, falafel, sumac mayo**€4.95****GOUJONS MELT**Goujons, bacon bits, melted cheese, relish, mayo, on sourdough roll **€4.95** | **NIAMH'S PITTA**Chicken, stuffing, baby leaves, red onion, cherry tomatoes, marie-rose sauce**€5.50*****Have a soup with our speciality sandwiches*** ***€3.00***  |

**TOASTED SANDWICHES**

**Toasted Special**Ham, cheese, tomato, onion **BLT**Bacon, lettuce, tomato, mayo **Chicken Toastie**Chicken, smokey bacon, stuffing, chilli mayo
**€4.60**



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**BREAKFAST**

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| **BREAKFAST BRIOCHE BAP €4.95**Bacon, avocado, relish, rocket | **BREAKFAST SOURDOUGH ROLL €4.95**Bacon, Sausage, black pudding | **FLAHAVANS PRORRIDGE €2.60**With a selection of toppin​gs |
| **FRESHLY BAKED SCONE €1.60**Fruit and cinnamon, plain or Pear and almond | **COFFEE TO GO**The art of great coffee@Niamh's | **SAUSAGE ROLL €1.80****BREAKFAST PASTRIES** |

**HOMEMADE SOUP**

€3.00

*Have a soup with our speciality sandwiches €2.50 extra*

**SALADS**

**CAESAR SALAD BOWL**
Breaded chicken, bacon bits, cos lettuce, red onion,
cherry tomato, croutons, and parmesan

**€6.95**

**Make Your Own Salad Bowls from our Salad Hub**
Small Bowl €5.50
Medium Bowl €6.50
Large Protein + salad Bowl €8.50